



ALCHEMY LIVE  
FOOD & HOSPITALITY

## BOWL FOOD MENU



CULINARY EXCELLENCE, INNOVATIVE PRESENTATION AND IMPECCABLE STANDARDS TOGETHER WITH A PASSIONATE TEAM OF CHEFS ARE AT THE HEART OF EXECUTIVE CHEF AND DIRECTOR NATE BREWSTER'S WORK.



A L C H E M Y L I V E

## WHY US?

### INNOVATIVE AND CLASSIC MENUS

Designed by Head Chef Nate Brewster, AlchemyLive's menus are a combination of bold flavours and intriguing presentation, that can be tailored or made bespoke for your event.

### DISHES DESIGNED FOR YOU

By using the finest ingredients and delivering amazing dishes, the chefs want every guest to feel like their food was made specifically for them.

### CHANGING WITH TIMES

Seasonal menus, dietary considerate and "free from" options are designed to be as delicious as the rest of the food.



A L C H E M Y L I V E

# OUR FOOD ETHOS

## SEASONAL PRODUCE

Whilst our food draws inspiration from the rich variety of world cuisine, our cooking roots lie in the best seasonal British produce

## BRAIN FOOD

Eating well is good for your mental and physical health. Our menus are designed to boost productivity, mood, brain power, memory and concentration

## LOCAL PRODUCE

We source our ingredients locally from suppliers such as Borough Market to ensure sustainability and providing social and economic growth to our neighbours

## BESPOKE MENU DESIGN

Unique events deserve unique menus. We can create matching menus for your events theme, brand or origin





A L C H E M Y L I V E

## FAST FOOD

\*AlchemyLive burger with aged cheddar, red onion marmalade, brioche bun, rocket, potato scallop

Contains: Milk, Mustard, Sulphites, Gluten, Egg, Soya

Lamb burger, apricot and coriander, harissa tomato fondue, sheep curd, baby gem

Contains: Milk, Mustard, Sulphites, Gluten, Egg, Soya, Celery

\*Hot sauce tempiura chicken burger, blue cheese and celeriac remoulade, pickled celery

Contains: Milk, Mustard, Gluten, Egg, Soya, Celery

Fried pork short rib burger, spicy BBQ sauce, grated pickles, red cabbage, bacon mayo

Contains: Milk, Mustard, Gluten, Egg, Soya

Smoked Bavarian sausage corn dog, Frenchies mustard and ketchup

Contains: Gluten, Mustard, Sulphites

Classic Frankfurter hotdog, caramelsed onions, mustard mayo, curry ketchup

Contains: Gluten, Mustard, Sulphites, Milk, Soya, Egg

\*Breaded plaice goujon, triple cooked chip, creamed pea, tartare sauce

Contains: Gluten, Fish, Egg, Milk, Mustard

AlchemyLive mushroom burger with aged cheddar, red onion (V)

Contains: Gluten, Egg, Soya, Mustard, Sulphites, Milk

\*Mac n cheese, toasted brioche and soft herb crumb (V)

Contains: Gluten, Egg, Soya, Mustard, Sulphites, Milk

\*Triple cooked chip cones: truffle mayo, roasted plum tomato ketchup, burger sauce (V)

Contains: Egg, Sulphites, Celery, Mustard



A L C H E M Y L I V E

## COMFORT FOOD

\*Chicken katsu curry: breaded chicken pieces, katsu curry sauce, steamed rice

Contains: Egg, Gluten, Sulphites, Soya

Butter chicken curry, cauliflower, cashew, brown rice, Greek yoghurt, coriander

Contains: Milk, Sulphites, Cashew, Fish, Celery, Crustaceans

Texan beef chilli, rice and kidney beans, sour cream, guacamole

Contains: Celery, Milk, Sulphites

Classic beef lasagne

Contains: Gluten, Egg, Milk, Sulphites, Celery

\*Braised beef cheek, creamy mash, seasonal vegetable Macedoine, braising jus

Contains: Celery, Milk, Sulphites

Fragrant lamb tagine, pickled walnut and red pepper cous cous, pomegranate

Contains: Gluten, Celery, Walnuts

Lamb stew, root vegetable, rosemary, puffed pearl barley, mint cress

Contains: Gluten, Celery

\*Northumberland sausage, creamy mash, caramelised onion jus, crispy onions

Contains: Gluten, Sulphites, Milk

Speck and scamorza (smoked prosciuttos, smoked mozzarella) tortellini, griddled nectarine, mizuna, orange and honey dressing, almonds

Contains: Gluten, Sulphites, Milk, Egg

Fish pie, cheesy mash, parsley cress

Contains: Fish, Gluten, Milk, Egg



A L C H E M Y L I V E

## COMFORT FOOD

\*Red Thai prawn curry, steamed rice, coconut, fresh coriander

Contains: Crustaceans, Fish, Sulphites, Celery

Lemon and ricotta tortellini, roasted plum tomato and chilli ragout, virgin olive oil, rocket (V)

Contains: Gluten, Egg, Sulphites, Mustard, Celery

Tomato and mozzarella gnocchi, blistered cherry tomatoes, Gordal olives, basil: purée, fresh, crisp (V)

Contains: Gluten, Milk, Sulphites

\*Wild mushroom and mascarpone risotto, tempura mushrooms (V)

Contains: Milk, Sulphites



A L C H E M Y L I V E

## HEARTY SALADS

Brown, white and red rice, pickled red cabbage, sesame smoked salmon, charred broccoli

Contains: Mustard, Fish, Sulphites, Sesame

Russian style salad with potatoes, carrots, pickles, eggs, ham hock, garden peas

Contains: Egg, Sulphites, Mustard, Celery

Tuna niçoise

Contains: Fish, Egg, Sulphites

Aubergine salad, herb yoghurt, crispy lamb, pomegranate

Contains: Milk, Celery, Gluten

\*Broad bean, goats cheese and herb salad, freekeh, wild rice, warm orange and herb dressing (V)

Contains: Milk, Gluten, Sulphites

Braised cannellini beans, roasted cauliflower, mustard and thyme dressing, pecorino, shaved purple cauliflower (V)

Contains: Mustard, Milk, Sulphites

Faro and roasted peppers, feta, oregano and thyme, paprika and spring onion dressing (V)

Contains: Gluten, Milk, Sulphites

Orzo, confit shallot, roasted celeriac and butternut, sweet wine braised hazelnuts, pecorino (V)

Contains: Celery, Hazelnuts, Gluten, Milk



A L C H E M Y L I V E

## LIGHT SALADS

\*Prawn cocktail, king prawn skewer, Marie Rose sauce, shredded baby gem, heritage tomatoes, pickled cucumber ribbons

Contains: Crustaceans, Fish, Egg, Sulphites, Mustard

Seared Thai tuna, pak choi and pickled green chilli salad

Contains: Fish, Sulphites

Panzanella: tomato, red onion, croutons, red pepper, capers, anchovies

Contains: Fish, Gluten, Sulphites

\*Caesar salad: regular, chicken skewer, and prawn skewer

Contains: Milk, Egg, Gluten, Fish, Crustaceans

Tomatoes with wasabi mascarpone, coriander and pine nut pistou (V)

Contains: Mustard, Milk, Pine-nuts, Sulphites

Watermelon and feta salad, marinated olives, pickled watermelon rind, mint, lemon dressing (V)

Contains: Milk, Mustard

Butternut, toasted almonds, figs, goats cheese, rocket, lemon thyme dressing (V)

Contains: Milk, Almonds, Mustard, Sulphites

Beetroot, avocado and pea salad, red onion, pea shoots and herbs (VE)



A L C H E M Y L I V E

## POKE BOWLS

\*Poached flaked salmon, edamame beans, mango, coriander and cucumber, steamed rice

Contains: Fish, Sulphites

Seared tuna, raw carrot, sliced avocado, lemon, pineapple, steamed rice

Contains: Fish, Sulphites

Teriyaki shredded beef, feves, radishes, avocado and wasabi puree, cucumber and sesame, steamed rice

Contains: Mustard, Sesame, Gluten, Soya

Fried tofu, kimchi, avocado, raw carrot, daikon, steamed rice (VE)

Contains: Soya, Mustard



A L C H E M Y L I V E

## WORLD INSPIRED

Za'atar roasted chicken breast, roasted garlic yoghurt, deep fried olives

Contains: Milk, Gluten, Egg, Sulphites

Hummus, roasted fennel, pulled saffron chicken, pickled parsley

Contains: Mustard, Sulphites

\*Battered chicken tenders, hot sauce, sour cream, spring onion, coriander

Contains: Celery, Milk, Sulphites

Indian style 24hr marinated chicken thigh and prawn, chapati, riata

Contains: Milk, Sulphites, Crustaceans, Gluten

Slow roasted beef strip loin, spiced peanut puree, chimichurri salsa

Contains: Sulphites, Peanut

\*BBQ pork burrito, rice, mixed peppers, flour tortilla, guacamole and sour cream

Contains: Sulphites, Gluten, Milk

Fried pork rib, jalapeno mayonnaise, green pepper, coriander

Contains: Sulphites, Egg

Mountain style meat balls, mature cheddar cheese, croutons, sweet peppers, parsley

Contains: Gluten, Sulphites, Milk, Egg

\*Cod cakes, slow roasted tomato ragout, soft herb salad

Contains: Fish, Celery, Sulphites

Fattoush, grilled halloumi, PDO olive oil (V)

Contains: Gluten, Sulphites, Milk



A L C H E M Y L I V E

## VEGAN

\*Crispy vegetable dim sum, Thai sweet chilli sauce

Contains: Gluten, Sulphites, Soya

Gluten free gnocchi, spinach puree, wilted spinach, chunky sun blushed tomato pesto

\*Szechuan rice noodle box, stir fry vegetables and sesame dressing

Contains: Sesame, Soya, Sulphites

\*Macaroni bolognese: quorn mince bolognese, macaroni

Contains: Gluten, Celery

Cottage pie: quorn mince braised in a tomato and onion sauce, garden peas, mash potato and vegan cheese

Contains: Soya, Celery

\*Chickpea and sweet potato curry

Contains: Sulphites

Burrito bowl: guacamole, spiced rice, refried black beans, flour tortilla wafers

Contains: Gluten, Sulphites

Fried polenta, spinach, blistered cherry tomatoes, capers, pimiento pepper

Contains: Gluten

Courgetti, asparagus, rocket and hazelnut pesto

Contains: Mustard, Hazelnut, Sulphites



A L C H E M Y L I V E

## SWEET

\*Dulce de leche gnocchi, vanilla ice cream, salted caramel sauce (V)

Contains: Egg, Milk, Sulphites, Gluten

\*Eton mess bowl: fresh strawberries, Chantilly cream, meringue kisses, strawberry jelly

Contains: Milk, Egg

\*Battered oreo cookies, clotted cream ice cream (V)

Contains: Egg, Milk, Gluten

Jelly and ice cream: cherry jelly, buttermilk ice cream (V)

Contains: Egg, Milk

Chocolate cake, fudge sauce, tonka bean ice cream (V)

Contains: Gluten, Egg, Milk, Soya

\*Sticky toffee pudding, vanilla ice cream, warm custard

Contains: Gluten, Egg, Milk, Sulphites

\*Millionaire sundae: vanilla and chocolate ice cream, dulce de leche sauce, shortbread crumb, popping candy, fudge, chocolate sauce

Contains: Gluten, Egg, Milk, Soya

Jerk spiced pineapple, coconut ice cream, coconut caramel (VE)

Contains: Soya

Champagne jelly, strawberry sorbet (VE)

Contains: Sulphites

Banana crepe, bitter chocolate sorbet, fresh berries (VE)

Contains: Gluten, Soya

Mango, chilli and coconut pannacotta, melon parisian, passion fruit sorbet, sugar tuile (VE)

Contains: Soya



ALCHEMYLIVE

## GET IN TOUCH

ALCHEMYLIVE

8 Northumberland Avenue  
London  
WC2N 5BY

020 7808 3348

[enquiries@alchemylive.london](mailto:enquiries@alchemylive.london)  
[www.alchemylive.co.uk](http://www.alchemylive.co.uk)



@alchemyliveldn